

Your Response?

- Eternity
- This life

What's Your Wish?

The Most Important Spiritual Discipline: DM

- Solomon
- Free Will: Most Important gift you have 100% control over -
- Rom 12:1-2 – Act of Worship
- 2 Cor 10:3-7 – Divinely Powerful Weapon
- 1 Thessalonians 5:17 - Pray without ceasing
- Proverbs 4:23 – Wellspring
- Deuteronomy 30:20 - Key to Life
- DM Strategies

Karl's Story

Mind of Christ

- Perfect Brain Chemistry
- Perceives Responds
- Worship: Perceiving God accurately and Responding Appropriately

Decision-Making is the Exercise for the brain

- Brain Research
- Skin - GI/Cardiac
- Panic Study
- But what determines accurate perception and healthy response (healthy/accurate DECISION MAKING)?
- Good decisions strengthen the brain – Use God's instruction manual
- Wrong decisions weaken or injure the brain – Use Satan's/world's/flesh's instruction manual

DM Struggle

- Romans 7

SPEARS Worksheet

- SPEARS PAIN
- Deconstruction/Reconstruction

Integrating Science (Biological, Psychological) and Faith (Spiritual)

- Do they go together? How?
- Benzio Definition for Science –
 - The study of what God made, understanding how He designed it to work, and learning how to maximally steward it for His glory and our abundant living
- Great Creations – Mind and Free Will
- Science is a Tool

Summary and Key Points

LIGHTHOUSE NETWORK SERVICES:

1. Free National Helpline (1.877.562.2565) to connect struggling people to Christian addiction and counseling care.
 - Call us if someone you are working with needs residential services
 - We want you in our database to refer callers to
2. Educational Resources to Renew your mind and enhance Decision-Making Skills
 - Free Stepping Stones Daily Devotional
 - WITHIN REACH and Edging Forward Decision Making Workshops on DVD
 - Many Topical DVDs