

FOR: Lighthouse Network
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INTRODUCTION:

Welcome to Life Change with Christian Psychiatrist Dr. Karl Benzio.

BODY:

An eye-opening question for today is, “How does God guide me?” A young child wants and needs to hear his parents’ voice, and we also desire and need to hear God’s. He communicates in 5 ways: First, speaking through a direct audible voice. I’ve never heard it but believe others have; second, speaking to our spirit – that still, small voice deep inside us; third, speaking through His word, the Holy Bible; fourth, speaking through others, such as through sermons or encouragement from a friend; finally, and this last one transformed my life, speaking through our circumstances. Just like parents try to direct their child’s environment for maximal growth and fulfillment, God does the same with us.

CLOSE:

If you or a loved one is struggling, go to 844lifechange.org or call 844-Life-Change. And remember, Godly decisions determine your life, so choose well!