

FOR: Lighthouse Network
LENGTH: :60
Title: Making Sense of Science
Air Date: June 2, 2014

INTRODUCTION:

Welcome to Life Change with Christian Psychiatrist Dr. Karl Benzio.

BODY:

I often get asked, “Dr. Karl, I’m a Christian. How do I understand the science behind mental illness?” Being a psychiatrist, I’m intrigued and excited by science. Unfortunately, science often strikes fear in many Christians’ hearts because of its connection to Darwin and Freud. To me, science is simply the study of what God made, which is everything; understanding how God designed everything to work, and learning how to use what He created for His glory and our abundant living. God’s most amazing creations are the human mind and our free will. Instead of fearing science, embrace it, **but** make sure you view it clearly through Biblical lenses.

CLOSE:

If you or a loved one is struggling, go to 844lifechange.org or call 844-Life-Change. And remember, Godly decisions determine your life, so choose well!