

FOR: Lighthouse Network
LENGTH: :60
Title: The Bible Has all Answers
Air Date: June 3, 2014

INTRODUCTION:

Welcome to Life Change with Christian Psychiatrist Dr. Karl Benzio.

BODY:

I'm often asked, "As a psychiatrist, do you believe science has more answers than the Bible?"

Professionally and personally, I believe the Bible has all the answers we need for sound life management and total fulfillment. But for me, and for 90 percent of the people I know and treat, biblical principles are sometimes like huge chunks – difficult to swallow, digest, and absorb. The psychological and brain sciences help us understand how God designed our minds to work. They allow us to break down those big chunks into smaller, digestible nuggets.

Basically, science squeezes the juice from the Bible so I can easily absorb and use it, blessing my life and helping me glorify God.

CLOSE:

If you or a loved one is struggling, go to 844lifechange.org or call 844-Life-Change. And remember, Godly decisions determine your life, so choose well!