

**FOR:** Lighthouse Network  
**LENGTH:** :60  
**Title:** Suicide 10<sup>th</sup> Leading Cause of Death in U.S.  
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**INTRODUCTION:**

**Welcome to Life Change with Christian Psychiatrist Dr. Karl Benzio.**

**BODY:**

**Society is battling a tragic epidemic.** Suicide is the 10<sup>th</sup> leading cause of death in the U.S. When you factor in how under-reported it is, it moves to second. For some, suicide is impulsive, but most who end their lives have contemplated it for a long time, often years, and have made several attempts. Whether impulsive or thought-out, the question that's asked is, "Will this pain end?" Everyone would choose for the pain to end over dying, but many have run out of hope and don't see any way out of the pain without dying. Through Christ, though, we can have peace, joy, and hope beyond all understanding. And accessing these is our daily mission.

**CLOSE:**

**If you or a loved one is struggling, go to [844lifechange.org](http://844lifechange.org) or call 844-Life-Change. And remember, Godly decisions determine your life, so choose well!**