

FOR: Lighthouse Network
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INTRODUCTION:

Welcome to Life Change with Christian Psychiatrist Dr. Karl Benzio.

BODY:

Our helpline often gets calls asking, “What is the difference between a psychiatrist and a psychologist?” Both are highly trained doctors providing Mental Health and Addiction services. A psychiatrist, however, is a medical doctor, thus able to rule out possible medical issues, order blood tests, EEG’s and brain scans, perform full psychiatric evaluations, and prescribe medications. Meanwhile, a psychologist is a PhD, not medically trained, but able to provide psychological evaluations. And psychologists are trained to perform and score a special battery of tests called psychological testing. Because of the medical training, a psychiatrist comes at a higher cost, but he or she is the most thorough place to start your path to wellness.

CLOSE:

If you or a loved one is struggling, go to 844lifechange.org or call 844-Life-Change. And remember, Godly decisions determine your life, so choose well!