

FOR: Lighthouse Network
LENGTH: :60
Title: Jesus' Decisions

INTRODUCTION:

Welcome to Life Change! I'm Christian Psychiatrist Dr. Karl Benzio.

BODY:

I was once in jail for aggravated assault. My decisions weren't working, and I needed to change. So I thought, who has perfect brain chemistry? Jesus Christ. Looking in the Bible and analyzing Jesus' decisions, I found two common steps in every decision. One, Jesus perceived everything from a Godly perspective, and two, He responded with biblical skills. Perceive and Respond. The 90's was the 'decade of the brain,' with tons of research showing our brain does two main things: perceives and responds. Reading the Bible could have saved billions of research dollars. As usual, science validates biblical principles.

CLOSE:

If you or a loved one is struggling, go to 844lifechange.org or call 844-Life-Change. And remember, Godly decisions determine your life, so choose well! (end on "up" note)
