



## HAMILTON STRATEGIES

**FOR:** Lighthouse Network  
**LENGTH:** :60  
**Title:** Decision-Making: Be Strategic, Not Random

### **INTRODUCTION:**

Welcome to Life Change! I'm Christian Psychiatrist Dr. Karl Benzio.

### **BODY:**

Success in academics, business, sports, relationships, or finances requires studying and continuous strategizing. Childhood strategies to make decisions are eeeny, meeeny, miney, moe; rock, paper, scissors; or flipping a coin. Unfortunately, instead of being intentional in developing healthy decision-making processes, most of us remain random in our thousands of daily decisions. The enemy – Satan – has a strategy to deceive and defeat us. If we are not intentional in our decisions, we shouldn't be surprised when we regularly feel beat up. Some decisions are automatic and rely on patterns we've developed, but many have subtle differences requiring thoughtful strategizing for victorious living.

### **CLOSE:**

If you or a loved one is struggling, go to [844lifechange.org](http://844lifechange.org) or call 844-Life-Change. And remember, Godly decisions determine your life, so choose well! (end on "up" note)

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