

**FOR:** Lighthouse Network  
**LENGTH:** :60  
**Title:** Perception – Most Important

**INTRODUCTION:**

**Welcome to Life Change! I'm Christian Psychiatrist Dr. Karl Benzio.**

**BODY:**

The second component of the SPEARS decision-making process is perception, or the lenses through which we view a situation. This is the most important component, because if we don't see the situation accurately, we will make a good decision only by sheer luck. Unfortunately, our lenses aren't perfectly clear. Satan is the Great Deceiver and is working hard to dirty our lenses. The Bible talks of our need to have eyes that see and ears that hear the truth. Darkness is the biggest distorter, while light allows clarity. Science, common sense, and the Holy Bible all show that seeing a situation accurately leads to better decisions.

**CLOSE:**

**If you or a loved one is struggling, go to [844lifechange.org](http://844lifechange.org) or call 844-Life-Change. And remember, Godly decisions determine your life, so choose well! (end on "up" note)**

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